

My Career Story

Prompts

What is your career story so far?

Why did you choose the career you are in?

Why did you make any moves or changes in direction?

What have you enjoyed most and least in your career?

How would you describe yourself at work?

How would others describe you?

What are you most proud of?

What work relationships have been the most positive and why?

What kind of people do you get on best with?

What type of work environment do you feel most comfortable in?

Which parts of your story make you happiest?

Which parts would you prefer to skip or delete?

What does your career story tell you about yourself that you didn't already know?